

WINTER 2023 TRAINING - Sportzone 6601 Coffman Rd, Indpls GRIDS		THE FEB TO MARCH SCHEDULE	
Sportzone Training led by the Coach. No Gate Fee paid by USA of Indiana member/coach/driver/siblings/friends during these sessions.			
Sportzone: Begins Wednesday, January 4, 2023; End Thursday, March 16, 2023.		revised December 7	
Alert Director Ian if you opt out of Zone for any reason or for a secured gym.			
Discuss any changes or if coach is going to miss a session with Director Ian.			
	this is the east wall	this is the east wall	
north wall---->	5	6	<-- south wall
north wall---->	3	4	<-- south wall
north wall---->	1	2	<-- south wall
	^EXIT to basketball	bar viewing area	^ Entrance from South
	basketball courts		volleyball cts. NO EXIT
Tell Players: Enter from South volleyball and exit to NORTH B Ball			
Parents view from bar or balcony. Players & Coaches only on turf field.			
Older ages in arena or 2 small size teams share one of the halves			
	Wednesday	Wednesday	Monday
Arena: Half North			5pm-6pm
Arena: Half South			5pm-6pm
Arena: Half North			6p-7p
Arena: Half South			6p-7p
Grid 1			
	6p-7p	2011 Boys Red (10)	
	7p-8p	2011 Boys Red (10)	
	8p-9p	2008 Boys Red	
	9p-10p	2006 Boys Red	
Grid 2			
	6p-7p	2011 Boys White (12)	
	7p-8p	2011 Boys White (12)	
	8p-9p	2008 Boys White	
	9p-10p	2006 Boys White	
Grid 3			
	6p-7p	2011 Boys Blue	
	7p-8p	2011 Boys Blue	
	8p-9p	2008 Boys Blue	
	9p-10p	2006 Boys Blue	
Grid 4			
	6p-7p	2012 Boys Blue	
	7p-8p	2012 Boys Blue	
	8p-9p	2007 Boys Red	
	9p-10p	2006 Boys Navy	
Grid 5			
	6p-7p	2012 Boys White / Red	
	7p-8p	2012 Boys White / Red	
	8p-9p	2007 Boys White	
	9p-10p	Open	
Grid 6			
	6p-7p	2010 Boys White	
	7p-8p	2010 Boys White	
	8p-9p	2004 Boys Red	
	9p-10p	open	