



PLAYER DEVELOPMENT PATHWAY

WE TEACH MORE THAN JUST THE GAME




SENIOR TEAMS (U15-U19)

THE SENIOR TEAMS OFFER AN ADVANCED TRAINING AND COMPETITION ENVIRONMENT FOR PLAYERS PREPARING FOR THE NEXT LEVEL OF THE GAME. WITH LICENSED COACHES LEADING THE PROCESS, PLAYERS CONTINUE TO DEVELOP TECHNICALLY, TACTICALLY, PHYSICALLY, AND MENTALLY WHILE PREPARING FOR THE DEMANDS OF HIGH SCHOOL AND COLLEGE SOCCER. MOVEMENT BETWEEN TEAMS REMAINS A KEY PART OF THE PATHWAY, ALLOWING PLAYERS TO LEARN NEW CHALLENGES IN THE ENVIRONMENT THAT BEST FITS THEIR DEVELOPMENT.



JUNIOR TEAMS (U13-U14)

THE JUNIOR TEAMS REPRESENT AN IMPORTANT STAGE IN THE PLAYER PATHWAY, WHERE TECHNICAL DEVELOPMENT CONTINUES ALONGSIDE A GREATER EMPHASIS ON TACTICS, POSITIONAL UNDERSTANDING, AND DECISION-MAKING. LICENSED COACHES GUIDE PLAYERS THROUGH THIS TRANSITION WHILE MOVEMENT BETWEEN TEAMS PROVIDES OPPORTUNITIES FOR PLAYERS TO EARN NEW CHALLENGES AND CONTINUE PROGRESSING IN THE RIGHT COMPETITIVE SETTING.



YOUTH ACADEMY (U8-U12)

THE YOUTH ACADEMY LAYS THE GROUNDWORK FOR LONG-TERM PLAYER DEVELOPMENT. GUIDED BY LICENSED COACHES, PLAYERS BUILD TECHNICAL SKILL, CONFIDENCE, CREATIVITY, AND COMFORT ON THE BALL IN A POSITIVE, AGE-APPROPRIATE ENVIRONMENT. MOVEMENT BETWEEN TEAMS ALLOWS PLAYERS TO BE CHALLENGED AND REWARDED AS THEY GROW, HELPING ENSURE THEY ARE DEVELOPING IN THE APPROPRIATE TRAINING AND GAME ENVIRONMENT.



RISING STARS (U5-U7)

RISING STARS IS A DEVELOPMENTAL PROGRAM FOR YOUNG PLAYERS WHO ARE EAGER FOR ADDITIONAL TRAINING AND GAME EXPERIENCE. THROUGH LICENSED COACHING, WEEKLY TRAINING SESSIONS, AND FRIDAY NIGHT GAMES; PLAYERS BUILD TECHNICAL SKILLS, CONFIDENCE, AND GAME AWARENESS IN AN AGE-APPROPRIATE ENVIRONMENT. THE PROGRAM WORKS ALONGSIDE USAI COMMUNITY RECREATIONAL LEAGUE TO GIVE YOUNG PLAYERS MORE OPPORTUNITIES TO LEARN AND ENJOY THE GAME.



COMMUNITY RECREATIONAL LEAGUE (U3-U19)

THE USAI COMMUNITY RECREATIONAL LEAGUE PROVIDES BOYS AND GIRLS WITH A FUN, DEVELOPMENTALLY APPROPRIATE SOCCER EXPERIENCE IN A POSITIVE AND SUPPORTIVE ENVIRONMENT. PLAYERS LEARN BASIC SOCCER SKILLS, TEAMWORK, AND SPORTSMANSHIP WHILE BUILDING CONFIDENCE AND ENJOYING THE GAME. THE GOAL IS SIMPLE: CREATE A GREAT EXPERIENCE THAT ENCOURAGES DEVELOPMENT, PARTICIPATION, AND A LIFELONG LOVE OF SOCCER.