

## Step by step for coach/manager when a player tests positive. 11/19/2020, revised 8/23/2021

The latest version of this document is posted but always a good idea to ask Thomas Geisse for any updates as CDC and local health department guidance remains fluid February, 2020, through this update.

Thank you for keeping current on the team's possible exposure to COVID-19.

USA of Indiana will follow the guidelines from CDC and Indiana Soccer Association posted on the Club's website here on our main COVID-19 page: <https://www.usaofindiana.org/Default.aspx?tabid=1009562>

And in particular this document has the steps we are to take:

<http://www.usaofin.org/documents/COVIDsteps.pdf>

**ONE: Let's first confirm the player has a positive test result.**

Then: **STEPS**

1. **Convey: Club wishes our player and his family to get well soon.**
2. **Please supply to me the following information so we may report to MCHD:**

The positive test result must also be reported to the local/state health department so contact tracing can begin. Below are some important points of information that must be gathered when the positive test result is reported to the club:

- What date did the individual's symptom(s) first appear?
- What date was the COVID-19 test taken?
- What date was the positive test result received?
- What date was the individual last with the team? Training session, scrimmage, game, tournament, team meeting,

### 3. **PLEASE COMMUNICATE THIS TO THE PLAYER'S FAMILY IN WRITING:**

The individual is to self-isolate and is not allowed to attend or participate in any club activities (training session, scrimmage, game, tournament, team meeting, etc.) until the following criteria has been met:

- a. Individuals who tested positive with symptoms must self-isolate for 10 days from the date symptoms appeared. If symptoms appear after the positive test date, the 10 days begins when the symptoms appeared, **and**
- b. The individual has been fever-free for at least 24 hours without the use of fever-reducing medication, **and**
- c. Other symptoms are improving and no new symptoms appearing\*

\*Loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation.

Individuals who tested positive without symptoms must self-isolate for 10 days from the positive test date and remain symptom free during that time. If symptoms appear after the positive test date, the 10 days begins when the symptoms appeared. **Testing negative does not allow the individual to end self-isolation or cut the self-isolation short.** (This is relatively new guidance.) **Summary: positive test player may not return for 10 days and symptoms improving.**

**New: if the player is fully vaccinated, the family should check with local health department to see if any of the above criteria is modified.**

### **TWO: THEN SEND AN EMAIL TO THE TEAM (OR HAVE ME DO IT) BUT BE SURE IT IS SENT.**

The team will be informed of the situation, **without mentioning the individual's name or sharing any other personal information.**

### **THREE: INCLUDE THE ENTIRETY OF THE REST OF THIS DOCUMENT IN THE TEAM EMAIL:**

**All other individuals on the team should be monitored closely for 14 days and get tested if any COVID-19 related symptoms appear during that time. Of course, other individuals on the team can get tested without any symptoms appearing and/or for peace of mind.**

**Team activities may continue as scheduled, other individuals do not need to be tested before attending subsequent training sessions and games, provided no COVID-19 related symptoms appear.**

For a period of 48 hours before the individual became symptomatic, to the date the individual informed the club of their positive test result, any team that trained or played with, scrimmaged or played against the individual **also must be informed of the positive test result.**

### **FOUR: Parents must decide if their child was credibly exposed.**

If an individual on the team (player, coach, assistant coach, manager) comes into close contact or is exposed to someone who tested positive for COVID-19, (the terms "close contact" \*\*\*and "exposed" have been updated to being less than 6 feet apart for a cumulative time of 15 minutes or more, even if wearing PPE) they are to self-isolate and are not allowed to attend or participate in any club activities (training session, scrimmage, game, tournament, team meeting, etc.) until the following criteria has been met:

- 14 days of self-isolation have passed, and
- No COVID-19 related symptoms have appeared.
- Even if an individual tests negative and/or feels healthy, they need to isolate as symptoms may appear 2-14 days after exposure to the virus.

- **Testing negative does not allow the individual to end self-isolation or cut the self-isolation short.**

Local Health Department guidelines and protocols may supersede any pieces of this document.

**Modified by CDC July 2021 for the others exposed: CNC added a recommendation for fully vaccinated people who have come into close contact with someone with suspected or confirmed COVID-19 to be tested 3-5 days after exposure, and to wear a mask in public indoor settings for 14 days or until they receive a negative test result.**

\*\*\*In Marion County, a person credibly exposed must self-quarantine for 14 days. It is not likely on a soccer field that this level of exposure took place but we should always tell parents we are NOT doctors and to call their local health department for guidance. Thank you.